



## **Venus White Pro Whitening Gel Instructions**

### **IMPORTANT :**

Before using product, please note teeth whitening will only work on natural teeth. Results may vary as teeth whiteners will not work on certain stains. It is important to consult with your dentist if you have any concerns about stains on your teeth before using this product.

### **To use your complimentary whitening:**

1. Brush and floss teeth, Venus White Pro is most effective on clean teeth
2. Make sure trays are clean and dry prior to applying Venus White Pro
3. Remove syringe from Case and snap tip cover from the end
4. To load the tray with Venus White Pro, depress the plunger and fill each tooth you want whitened in the tray with a pearl of gel, do not overfill gel. \* Only a small drop is required, a little bit goes a long way\*
5. Position tray over your teeth and gently press tray to move the gel into place. Wipe excess gel, which seeps over the brim of the tray, off your gums with a tissue or a facecloth. Do not get gel onto your gums.
6. Wear tray for 30-60 minutes once or twice a day, if sensitivity occurs remove trays, and discontinue use for 24 hours. Brushing with a sensitivity toothpaste can help with this as well.
7. After whitening, remove trays, and rinse teeth with warm water. Brush away any remaining gel.
8. Clean bleaching trays with a toothbrush and cold water. Store trays in the tray holder, and gel in a cool dry place. (The fridge is the best place to keep the gel)
9. Avoid any foods/drinks than can stain (coffee, tea, blueberries) and avoid smoking within 1 hour of treating your teeth.

### **Cautions:**

1. If irritation occurs (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult your dentist. Products containing peroxides are not recommended for use by children under 12 years of age
2. Use for periods of longer than 14 days is to be only under the supervision of a dentist
3. Avoid swallowing Venus White Pro gel or part thereof
4. Avoid contact of the product with the eye
5. avoid direct contact of the active surface of Venus White Pro with the gums and/or salivary flow
6. Do Not use if you are allergic to any ingredient in this product

**Extras:**

1. 1 syringe should last 4-5 applications.
2. Refills are available at Cambrian Dental for only \$20.00.
3. We can replace lost trays; new impression may be required.
4. You should see results in 2 weeks of continuous use. Touch up's will be as seen fit.
5. Contact 403-455-1155 or [info@cambriandental.ca](mailto:info@cambriandental.ca) with any further questions.