



Fillings

- Do not eat on your new filling for one hour and until your numbness is gone.
- If you are supervising children who had fillings done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).
- You may experience cold and heat sensitivity and some gum soreness; this usually subsides within a few days.
- On rare occasion you may experience bruising at the area that local anesthetic was placed. It will usually subside in a few days.
- Call our office if you experience pain or discomfort for more than a few days after the fillings, or if you have any questions.

Cambrian Dental NW Family Dentists

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